

UNWAVERING SUPPORT



FOR UNCOMMON HEROES™

VETERANS & FAMILY SUPPORT PROGRAM 2024 - 2025



December 2024

Department President – Renee King
Department Secretary – Jeanette Garcia

National Ambassador – Evan Smiley
Department Chair – Mary Sanchez

Merry Christmas to one and all! As 2024 year comes to a close, let's remind ourselves to be a little kinder to our families and forgive ourselves. Help the people we can help, spread a little cheer to those who need it. And remember to look for the sign of suicide and the number to call. Vets and, really, any family or friends are always a risk during the holidays. Make sure as auxiliary members each small son, daughter, niece, nephew, grandson, granddaughter gets a gift or stocking for Christmas. My rule is 10 years of age or 5th grader or younger gets a present or stocking. They still believe in Santa Claus or the image of Santa Claus.

As the year winds down there is seven rules I try to live by and look at them periodically. In December try to set my mind for the New Year:

Rule ONE – Let It Go – never try to ruin a good day by thinking about a bad situation or a bad yesterday.

Rule TWO – Ignore Them – don't listen to other peoples' gossip. Live a life that's empowering to you.

Rule THREE – Give It Time – time heals everything.

Rule FOUR – Don't Compare – the only person you should try to beat is the person you were yesterday.

Rule FIVE – STAY CLAM – its okay not to have everything figured out. Know that in time, you'll get there.

Rule SIX – IT'S ON YOU – Only You are in charge of your happiness!!! And

Rule SEVEN – Smile – life is short, enjoy it while you have it!!

Please continue to report under this program! I can be reached by email at girlisin@hotmail.com or by calling me or texting me at (575) 649-5735. Let's work together for a common goal.